



# LIFE COACH

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## INTENSIVE IN-HOME

*Counseling Services*

serving children & adolescents

### **The Mission**

To provide effective in-home psychotherapeutic treatment to families whose children are experiencing significant behavioral or emotional difficulty and are at high risk of being removed from the home.

### **INTENSIVE IN-HOME COUNSELING**

Life Coach's clients are youth under the age of 21 who are at high risk of being removed from the home, either because they are experiencing significant behavioral or emotional difficulties or because they have been subjected to abuse or neglect.

It is the mission of YES Behavioral Health, Inc. to serve our community by developing and administering programs that address the unique issues facing individuals and their families in our care and to enhance the quality of life for youth and adults through a comprehensive continuum of therapeutic care in the fields of social services, education, mental health, and housing.

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## INTENSIVE IN-HOME

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Life Coach's counselors, aptly named "Life Coaches" work with clients and their families to reduce or eliminate this risk and establish a stable, healthy home environment.

Each counselor is required to spend a minimum of 10 hours per week with each family for a maximum of twenty-six (26) weeks per year.

### **WHO IS ELIGIBLE?**

Participants must qualify for Virginia Medicaid and exhibit specific difficulties on a continuing or intermittent basis. In addition, at least one parent with whom the child is living must be willing to participate with Intensive In-Home Services, with the primary goal of keeping the child with the family.



## SERVICES PROVIDED

- Individual assessments
- Individualized treatment plans
- After school, intensive outpatient mental health treatment for children age 6-18
- Individual & Group therapy
- Behavior modification
- Referrals
- Case management services

## OTHER GOALS

Stabilization of the child's symptoms and behaviors and strengthening of the family unit through crisis intervention and intensive therapeutic services

Enabling the family to manage the behaviors of the child/youth more effectively in the future through a knowledge/application of behavioral techniques

Identification of appropriate community resources to support the family both during the service period and after termination of services.

Linkage with other components in a system of care, the intensive in-home services must conform to the goals in the child's Individualized Service Plan as agreed to by the parent(s) or caretaker(s) in a child specific team meeting.

Life Coach includes three programs:

- | **Intensive In-Home Counseling**
- | **Therapeutic Day Treatment**
- | **Day School**



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